

Top Tips on Saving Energy



- 1 Close curtains at dusk to keep the heat in. Open internal doors to sunny rooms to let the warmth travel through your home.
- 2 Avoid opening windows or doors, turn down the heating to cool a room.
- 3 Remove furniture that is in front of heaters or radiators, as it blocks the heat from the rest of the room.
- 4 Check that your hot water tank thermostat is set no higher than 60°C.
- 5 Lag your hot water tank with an 80mm jacket.
- 6 Never put hot/warm food straight into the fridge/freezer.
- 7 When using a kettle only fill it with as much water as you need.
- 8 Turn TV's/video recorders/stereos off properly when not in use - leaving them on standby wastes energy.



*keep your home warm
and stay well*

Call the Energy Saving Trust Advice Centre and ask about Gloucestershire Warm and Well today!

0800 512 012





Kaye manages Gloucestershire Warm and Well and is pleased that so many people benefited from the scheme last year

“ In 2008/2009 the Warm and Well scheme improved over 5800 homes in Gloucestershire & South Gloucestershire by installing insulation and energy efficient boilers. Everyone is entitled to a grant for Insulation. It’s a great way to cut your fuel bills and stay warm! ”

For more information just call the Energy Saving Trust Advice Centre

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Quote reference CL01

“ Thank you so much for all your help. The workmen who called were really helpful - and left the house clean and tidy. Since we had the insulation done we have really noticed how much warmer the house is, and we are even saving money on our fuel bills, not easy these days, Thanks again to all your team! ”



South Gloucestershire resident who contacted Warm and Well

How Gloucestershire Warm and Well can help you...

The **Warm and Well** scheme works together with the local authorities, the **NHS** and the insulation company **Domestic and General** to provide information and grant access for insulation and energy efficiency measures.

Grants are available throughout Gloucestershire and South Gloucestershire. The great thing is that discounts are available to all home owners and private tenants

Hurry! Grants are subject to survey and funding available at the time.

Call the Warm and Well team now to find out what’s available in your area!



82% recommended the scheme to their friends!

